

# HAMILTON AQUATICS

## ROVERS 39TH CHOCOLATE MEET



SUNDAY 4TH AUGUST 2024

Waterworld Aquatics Centre, Hamilton

Sunday 4th August 2024

Warm up - 9am

Racing - 10am

### EVENT SCHEDULE

	Session 1		Session 2
1	100m Freestyle	9	50m Breaststroke
2	50m Backstroke	10	100m Fly
3	200m Breaststroke	11	200m Backstroke
4	50m Fly	12	50m Freestyle
5	100m Backstroke	13	100m Individual Medley
6	200m Individual Medley	14	200m Freestyle
7	12 & U Mixed Kick Board Relay	15	12 & U Mixed 3-legged Relay
8	13 & O Mixed Kick Board Relay	16	13 & O Mixed 3-Legged Relay



## For every swim, swimmers receive something sweet!

A competitive meet with a fun atmosphere where all swimmers are winners!

Swimmers, grab your teammates & join in the fun relays.

Aims Games last hit out meet.

## Conditions of Entry & Racing

### Right to compete

- All swimmers MUST be SNZ registered & financial
- Open to ALL ages SNZ registered - Competitive, club and LTS swimmers from all regions
- This is a Development Meet where swimmers will not be disqualified. Infringement / improvement notices will be passed to Team Managers / Coaches to be used for training development and passed on to swimmers in the most effective way.
- **Age at August 4th 2024**

### Entry Process

- All entries must be submitted online through FASTLANE on the SNZ membership web page
- The Meet director reserves the right to restrict event numbers if entries exceed the nominated time frame
- Close of entries: 11.59 pm Wednesday **24th of July**
- Entry times are to be converted to Short Course (25m) times
- All events swum Mixed Graded Scratch
- Swimmers with 'no times' will not be accepted
- Swimmers/club recorders, please advise your entry times to [recorder@hamiltonaquatics.nz](mailto:recorder@hamiltonaquatics.nz) by 8 pm Wednesday **31st of July**
- Relay teams to be submitted by clubs to [recorder@hamiltonaquatics.nz](mailto:recorder@hamiltonaquatics.nz) by 8 pm Wednesday **31st of July**
- No late entries accepted

### Entry Fees

- \$58 per swimmer - up to 5 individual events
- \$4 per relay team
- Spectator fee is \$2 pp paid to Waterworld
- Refunds will only be made if a medical certificate is provided to the Technical Director | or, at the discretion of the technical director

### Prizes

- Chocolate bars will be awarded to 1st, 2nd, 3rd placings in each heat
- Treats will be given to all other swimmers in each heat

### Relays

- Relay teams must be submitted by club recorders by **8 pm Wednesday 31st July 2024**
- No entry time required
- No relay entries will be accepted on the day
- Smaller clubs & teams are welcome to combine teams

### Kickboard Relay

Teams of 4 - can be mixed. Swimmer must complete 25m individually with 2 hands in contact with the kickboard at all times. Swimmers to finish the length by touching the pool end with the board & handing the board onto the next swimmer. The kickboard cannot be used as a swimming aid. E.g. a paddle

### 3 - Legged Relay

Teams of 4 - can be mixed. Swimmers will complete 25m in pairs with 1 leg of each swimmer joined by a rubber band. Swimmers will finish the 25m length by touching the pool end & handing the band onto the next 2 swimmers

### Psych Sheets

- Draft psych sheets will be circulated to club recorders and via email to all competitors.
- Competitors are responsible for checking names, entries, events & times are correct. Please advise of any changes by the communicate date

There will be no corrections after the posting of the final psych sheet

### Meet programme

- The meet programme, along with the timeline ( guideline only ) will be uploaded to [www.hamiltonaquatics.nz](http://www.hamiltonaquatics.nz)
- The meet programme will be emailed to club recorders and all competitors

# Conditions of Entry & Racing

## Conditions

- The meet will be conducted under Swimming New Zealand's SNZ Regulations and Bylaws. FINA rules' except where local meet rules and conditions apply
- Para swimmers are eligible to compete at this meet and shall compete under IPC Swimming Rules
- All swimmers agree to comply with the anti-doping rules
- Swimmers with strapping must provide documentation from a registered health practitioner or physiotherapist to the Technical Director prior to swimming
- Participants who have entered this meet agree to allow photographs, video, multimedia, or film likeness taken by accredited photographers to be used for any legitimate purpose by Hamilton Aquatics Inc and Swimming Waikato
- Over-the-top starts will apply for all events | All swimmers must exit the pool from the side
- The length of the break between session will be at the discretion of the Technical Director on the day
- Hamilton Aquatics will endeavour to supply the required number of officials to comply with SNZ regulations. Please help us by supplying officials and timekeepers as per your club allocation, which will be sent to all clubs after entries have been received. Official's names & contact details would be appreciated - [recorder@hamiltonaquatics.nz](mailto:recorder@hamiltonaquatics.nz)
- Please note all clubs are required to help by supplying officials & timekeepers.
- Trainee officials are most welcome - please text the Technical Director by Wednesday **31st July 2024**

**All communications regarding this meet are to be sent to:**

[recorder@hamiltonaquatics.nz](mailto:recorder@hamiltonaquatics.nz)

Technical Director - Russell Strange - Ph 0275 943 374

